## Provincial/Territorial Healthy Weights Dashboard (2013)

### Strategy 2.1 SUPPORTIVE ENVIRONMENTS: Making social and physical environments where children live, learn and play more supportive of physical activity and healthy eating.

#### 2.1.1 Healthy Food Initiatives
- **2.1.1.1 Baby-friendly Initiative**
- **2.1.1.2 Infant feeding recommendations for health professionals in Canada**
- **2.1.1.3 Early prevention and intervention**
- **2.1.1.4 Food guidelines in child daycare settings**
- **2.1.1.5 Screening tool to identify preschoolers at risk for nutritional concerns**
- **2.1.1.6 Adaptation and implementation of WHO Growth Charts**

#### 2.1.2 School Initiatives
- **2.1.2.1 Active and safe routes to schools and travel planning**
- **2.1.2.2 Comprehensive school health initiatives**
- **2.1.2.3 School food guidelines**
- **2.1.2.4 Promotion of physical activity among youth in the after-school period**

#### 2.1.3 Urban Planning and Rural Planning
- **2.1.3.1 Community design initiatives**
- **2.1.3.2 Professional development and training for planners and public health professionals**
- **2.1.3.3 Age friendly cities/communities initiative**
- **2.1.3.4 Healthy communities initiatives**

#### 2.1.4 Other Sectoral Initiatives
- **2.1.4.1 Stakeholder engagement on the availability and accessibility of nutritious foods in vulnerable communities**

### 2.2 EARLY ACTION: Identifying the risk of overweight and obesity in children and addressing it early.

#### 2.2.1 Comprehensive Healthy Weights
- **2.2.1.1 Comprehensive healthy weights program**
- **2.2.1.2 Management and medical treatment of childhood obesity**
### 2.3 NUTRITIOUS FOODS: Looking at ways to increase the availability and accessibility of nutritious foods and decrease the availability, accessibility and marketing of foods and beverages high in fat, sugar and/or sodium to children.

#### 2.3.1 Access and Availability of Nutritious Foods

<table>
<thead>
<tr>
<th>Activity</th>
<th>BC</th>
<th>AB</th>
<th>SK</th>
<th>MB</th>
<th>YK</th>
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<th>NB</th>
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<th>PEI</th>
<th>NL</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.3.1.1 Increase the availability and accessibility of nutritious foods in remote and northern areas</td>
<td>C</td>
<td>Y</td>
<td>N</td>
<td>Y</td>
<td>Y</td>
<td>N</td>
<td>Y</td>
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<tr>
<td>2.3.1.2 Increase the availability and accessibility of nutritious foods in vulnerable communities</td>
<td>N</td>
<td>N</td>
<td>Y</td>
<td>Y</td>
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<tr>
<td>2.3.1.3 PHAC and PTs matched funding to NGOs promotes healthy eating and active living opportunities in the community setting</td>
<td>N</td>
<td>N</td>
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#### 2.3.2 Marketing to Children

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>2.3.2.1 Development and implementation of policy components to decrease marketing of foods and beverages high in fat, sugar and/or sodium to children in a Canadian context</td>
<td>C</td>
<td>Y</td>
<td>N</td>
<td>Y</td>
<td>N</td>
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</tr>
</tbody>
</table>

**Legend:**
- **Green** = activity in place/underway;
- **Yellow** = activity under consideration and/or interest in collaboration;
- **C** = Identified as Champion